



# THE 3RD LMC CHAMPIONSHIPS





**Dear, British Taekwondo Clubs and Athletes,**  
**LMC would like to invite you to our third Championships in Southampton. This is a fantastic facility with plenty of seating, Hotels nearby, onsite cafe, on site parking and access from motorways.**

**The event will take place at-  
Places Leisure Eastleigh Passfield Ave, Eastleigh  
Southampton SO50 9NL**

**HOTELS NEARBY-**  
**Holiday Inn Southampton Eastleigh, an IHG Hotel (2**  
**minute walk from venue)**  
**Premier Inn Eastleigh Mitchell Way, Southampton,**  
**Hampshire SO18 2XU (8 Minutes)**

**Also a huge thank you to our sponsor Osman Homes Limited.**

**Kind Regards,  
Max Cater**

**ORGANISATION:**  
**LMC Taekwondo**

**HOST:**  
**Max Cater**

**REFEREE DIRECTOR:**  
**Darren Naraine**

**MANAGEMENT:**  
**MA-REG**

**RULES:**  
**World Taekwondo Single Elimination**

**Equipment:**  
**PEEWEE C AND A/B Class and CHILD C Class MANUAL SCORING**  
KPNP body armour and headguards will be provided for categories A/B CHILD, all CADET, all JUNIOR, all SENIOR AND all VETS. Athletes must wear the correct PPE recognised by World Taekwondo. Groin, Arm, Leg, Gloves & clear/white mouth- piece. All players must provide their own PPS Socks, players will be required to pass inspection for officials to check the equipment for safety and compliance to WT Rules. Any player wearing non- recognised equipment will not be allowed to compete.

**EQUIPMENT PROVIDER-**  
**KI MARTIAL ARTS WILL PROVIDE EQUIPMENT STAND FOR ONSITE PURCHASES**  
**IF IN NEED OF KPNP SOCKS PLEASE CONTACT THEM DIRECTLY.**

**ROUND TIMES:**  
**3 x 1.30 minute round with a 30 second rest interval**

**EVENT START TIME:**  
**7/12/2025@ PLACES OF LEISURE EASTLEIGH SOUTHAMPTON SO50 9NL**  
**DOORS OPEN 8:00AM 1ST MATCHES BEGIN @9am**  
**REFEREE MEETING 8:30am**  
**COACH MEETING 8:45am**

#### **MEDICAL-GWP**

**First aiders and paramedics will attend all courts during the day**

**British Taekwondo Audit & Withdraws:** Any player who fails an eligibility audit conducted by British Taekwondo that is registered or withdraws after being entered on ma-regonline.com is still liable to pay.

**British Taekwondo Eligibility:** All players and coaches must have a valid, in date British Taekwondo Licence.

The correct M Number is needed to register on ma-regonline.com and any M Numbers that are incorrect or falsified in any way, will fail the audit and will not be entitled to a refund.

**Referees:** Referees and Corner Judges wishing to participate at our Championships can you please contact the Referee Director for the event.

**Protests:** In the unlikely event that you believe a situation or decision warrants a protest. A fee of £100 per protest is to be made to the Competition Supervisory Board immediately after the end of the given contest in question by the team's head coach only. The outcome of your protest will be reviewed, and the Referee decision will be final.



Weigh in times  
6-9pm Saturday 6th December @ Places of Leisure Eastleigh  
7-8am SUNDAY 7th December - MORNING WEIGH IN.

CHANGE OF WEIGHT £30 CASH ONLY  
FOR MORNING WEIGH IN TEAMS MUST CONTACT IN ADVANCE AS ONE HOUR IS LIMITED . IF YOUR TEAM DOES NOT CONTACT US FOR MORNING WEIGH IN PRIOR TO THE DATE YOUR CLUB WILL NOT BE ELIGIBLE TO WEIGH IN on the 7/12/2025.  
(07565619304)

DRAWS WILL BE RELEASED AFTER SUNDAY MORNING WEIGH IN.

PLEASE NOTE :  
Classes

C CLASS - 9th-5th KUP (YELLOW TO BLUE TAG)  
A/B - 4th and above  
VETERANS ARE ALL GRADES

Age Classification: Junior players aged 17 can enter a Senior weight class in addition to their Junior weight class. Also, any Veterans wishing to compete in a Senior weight class can do so. For every additional entry a second entry fee must be paid.

Applications are to be made on MAREg by the deadline 23/11/2025  
All players entered on ma-regonline.com are to pay for entry in full, even if they do not attend. There will be no option to remove or delete players once they are submitted and all fees are due.  
Per Athlete - £50 early bird if paid by November 1st , £58 if paid after 1/11/2025

(Fees are due as soon as teams have submitted applications have been registered)

BANK DETAILS:  
MR M G CATER  
SORT CODE: 40-25-24  
ACCOUNT NUMBER: 41459996  
HSBC  
PLEASE REF YOUR CLUBS NAME

Spectators £10 under 5s free.  
CASH ONLY - there is no card machine on site.

PHOTOGRAPHY: BY ENTERING THIS CHAMPIONSHIP YOU AGREE TO HAVE YOUR IMAGE TAKEN BY AN OFFICIAL PHOTOGRAPHER ANY PRESS AND ANY MEMBERS OF THE PUBLIC AT THIS EVENT. YOU'RE ALSO AGREEING TO HAVE YOUR IMAGE SHOWN ON VIDEOS, TV AND ONLINE.  
(Please contact if you have any VICTORIA HARRIS safeguarding OFFICER concerns with the above)

Category	Gender	Weights KG
Peewee C / A&B	Male	-18 -20 -22 -24 -26 +26
	Female	-18 -20 -22 -24 -26 +26
Child C / A&B	Male	-24 -26 -29 -32 -36 -40 -44 -48 +48
	Female	-24 -26 -29 -32 -36 -40 -44 -48 +48
Cadet C / A&B	Male	-33 -37 -41 -45 -49 -53 -57 -61 -65 +65
	Female	-29 -33 -37 -41 -44 -47 -51 -55 -59 +59
Junior C / A&B	Male	-45 -48 - 51 -55 -59 -63 -68 -73 -78 +78
	Female	-42 -44 -46 -49 -52 - 55 -59 -63 -68 +68
Senior C / A&B	Male	-54 -58 -63 -68 -74 -80 -87 +87
	Female	-46 -49 -53 - 62 -73 + 73
Veteran ALL GRADES	Male	-58 -63 -68 -74 -80 -87 +87
	Female	-49 -53 -57 -62 -67 -73 +73

**Proposed Competition Time line**  
**6/12/2025 6-9pm Weigh in @ Places of Leisure**

**7/12/2025 7-8am Weigh in @ Places of Leisure**  
**(TEAMS MUST CONTACT 07565619304 to book in - if your team hasn't booked prior to event they will not be eligible for morning weigh in)**

**8:00am DOORS OPEN**  
**£10 Spectator under 5s free**

**8:30 referee meeting**  
**8:45 Coaches meeting**

**9am Competition Starts for**  
**PEEWEE and CHILD categories**

**As we are running the format that the Peewee and Child competition will start and finish before the Cadet, Junior Senior and Veteran begin please ensure your younger members are ready to go as there will be less of a gap between following matches.**

**ETA start time for Cadets, Junior, Senior and Vets 10:30am.**